



Post-Visit Reflection Form

APEX ACADEMICS

Questions to assess your visit:

How did you feel when you left campus? Were you energized? Calm? Confused? Underwhelmed? How you felt after the tour can be the most honest response before opinions get filtered through others' input.

Can you picture yourself walking around campus on a tough day? College can be the best time of your life! But with all the wonderful things ahead, you will undoubtedly experience stressful periods, from finals week to overall crappy weeks. Do you think you would feel safe and supported on this campus?

Who did you connect with most—and what does that say about the community? Was it a tour guide, a student in the dining hall, a professor? Community members that leave a good impression can suggest that the campus aligns with your values and needs!

Did anything surprise you—in a good or bad way? Sometimes we set high expectations that aren't met, or vice-versa. Was there something that you hoped you would see, but didn't. Or something that unexpectedly piqued your interest? This can be a good indication that you should do some more research or schedule another tour.

What would you do here on a random weekday? Aside from class of course! When we start thinking about the right college, we usually start with the academics - but choosing the right school also means that it fits your lifestyle! Are there interesting places - museums, coffee shops, or bookstores - to visit nearby? Is there a gym available to students? An outdoor space to get some fresh air or play a group sport?

Where did you feel most comfortable—and where did you feel out of place? . Maybe it was a study nook in the library, the dining hall, or a department lounge- feeling comfortable is a key component of succeeding in college. Noticing spaces of comfort or discomfort can help you organize your feelings about the right school for you.

What kinds of conversations did you overhear on your visit? What were the students talking about nearby? Could you picture yourself in those conversations? Did they pique your interest? This might give you a sense of day-to-day life!

If this were the only school you got into, how would you feel? If you're feeling unsure about a school, asking this question might give you the gut reaction you need to keep the school on your list, or cross it off!

How does this school support students who change their minds? Whether you change your major, need to change your dorm, or just need some extra support, how does this school help support students?

What did you notice that wasn't part of the official tour? Did something catch your eye that wasn't part of the tour? Good or bad, the things that you notice stand out for a reason. Take note and think about how it affects your view of the school!

Likes and Dislikes

What aspects of the college did you particularly like? What aspects did you dislike or find concerning? Be specific and explain your reasoning.

Likes:

*

*

*

Dislikes:

*

*

*

Key Takeaways

What were the most important things you learned during your visit? Did anything surprise you? What aspects of the college seem most aligned with your personal and academic goals?

Overall Takeaways

Briefly describe your overall impressions of the college. What were your first thoughts upon arriving, and did those impressions change throughout the visit?

Influence on College Decision

How has this visit influenced your college decision process? Has it moved the college up or down on your list? Why or why not? What are your next steps in exploring this college further?